



# 2024 AGM & CONVENTION SPOUSE / COMPANION ACTIVITIES

## YOGA

Thursday, May 9, 2024  
10:00am

There is no charge to attend this activity.  
Registration is required, see attached form.

This activity offering is in lieu of attending the AGM.

You are invited to join a 60 minute, morning yoga class. This session will be lead by an instructor and will benefit people of all ages and abilities. Centre yourself and start the day in positivity!

This class will be indoors and mats are provided.

There is a maximum of 20 people permitted. To avoid disappointment, register early.



## WINE & CHEESE TASTING

Thursday, May 9, 2024  
2:00pm

There is no charge to attend this activity.  
Registration is required, see attached form.

This activity is in lieu of attending the speakers.

You are invited to join an afternoon of wine and cheese tasting. This session will be a chance to experience and learn about a variety of wines and cheeses.

There is a maximum of 25 people permitted. To avoid disappointment, register early.



## AMAZING RACE

Friday, May 10, 2024  
1:30pm

The cost for this activity is \$50 per person.  
Registration is required, see attached form.

This activity is for those who are not golfing.

The Amazing Race Activity will take place at the same time as golf. Enjoy a fun, challenging day performing tasks and racing (as fast or slow as you wish) through the Jasper Park Lodge property.

To avoid disappointment, register early.



**PLEASE COMPLETE THE ATTACHED SIGN UP FORM TO  
PARTICIPATE IN ANY OF THE ABOVE ACTIVITIES.  
REGISTER EARLY TO AVOID DISAPPOINTMENT.**



## 2024 AGM & CONVENTION REGISTRATION FORM SPOUSE / COMPANION ACTIVITIES

### YOGA

Thursday, May 9: MORNING ACTIVITY

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**Cost: No Charge \$0.00**

### WINE & CHEESE TASTING

Thursday, May 9: AFTERNOON ACTIVITY

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**Cost: No Charge \$0.00**

### AMAZING RACE

Friday, May 10: NON GOLFER ACTIVITY

First Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Email: \_\_\_\_\_

**Cost: \$50.00 per person**

Indicate method of payment:

☐ Invoice

☐ Credit Card

Total dollar amount to be charged: \$ \_\_\_\_\_

**PLEASE EMAIL THIS FORM TO: [info@concretealberta.ca](mailto:info@concretealberta.ca)**